



**FOOT & ANKLE**

*Medical Center*

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**PATIENT INFORMATION**

Patient Name: \_\_\_\_\_ Today's Date: \_\_\_\_\_

Home Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ ZIP: \_\_\_\_\_

Home Phone #: \_\_\_\_\_ Cell Phone #: \_\_\_\_\_

Work Phone #: \_\_\_\_\_ Email address: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Male: \_\_\_ Female: \_\_\_ Social Security #: \_\_\_\_\_

Pharmacy: \_\_\_\_\_ Address: \_\_\_\_\_

Pharmacy Phone #: \_\_\_\_\_

Primary Care Physician: \_\_\_\_\_ Date Last Seen: \_\_\_\_\_

**INSURANCE INFORMATION**

Primary Insurance: \_\_\_\_\_

Secondary Insurance: \_\_\_\_\_

**EMERGENCY CONTACT**

Name: \_\_\_\_\_ Phone#: \_\_\_\_\_ Relationship: \_\_\_\_\_

**REASON FOR VISIT**

Complaint: \_\_\_\_\_

How Did Problem Develop? \_\_\_\_\_

Prior Treatment for Problem: \_\_\_\_\_

**Past Medical History:** Check all that apply to you:

Angina  Asthma  Bladder Infection  Bleeding  Blood Pressure (High)  Burning Urination  
 Cancer  Cholesterol  COPD  Coronary  Diabetes  Glaucoma  Gout  Jaundice/Hepatitis  
 Emphysema  Kidney Disease  Lung Blood Clots  Stroke  Stomach Ulcer  Thyroid Disease  Weight  
Loss  Pneumonia  Phlebitis  Other: \_\_\_\_\_

**Past Surgeries:**

\_\_\_\_\_  
\_\_\_\_\_

**Allergies:**

\_\_\_\_\_  
\_\_\_\_\_

**Review of Systems:** Check all that apply to you:

Back Problems  Chest Pain  Dizziness  Eye Problems  GI Problems  Headaches  
 Hearing Problems  Heart Problems  Respiratory Problems  Swelling of ankle/feet  Urinary Frequency

**Current Medications Name/Dose**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

X \_\_\_\_\_ Date: \_\_\_\_\_

Signature: **Patient is giving consent to request Rx History**

**Family History:**

**Please circle one**

Arthritis                      Relative: \_\_\_\_\_                      Deceased                      Alive  
 Cancer                              Relative: \_\_\_\_\_                      Deceased                      Alive  
 Diabetes                              Relative: \_\_\_\_\_                      Deceased                      Alive  
 Gout                                      Relative: \_\_\_\_\_                      Deceased                      Alive  
 Heart                                      Relative: \_\_\_\_\_                      Deceased                      Alive



Signature

Date



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**Patient Questionnaire**

**Patient Name:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**D.O.B:** \_\_\_\_\_

**Height:** \_\_\_\_\_

**Weight:** \_\_\_\_\_

**Tobacco Use ( Circle Answer)**

Never Smoked      Former Smoker      Currently Smoke: Cigarettes/Cigar/Pipe/Chew/Dip

And if so how much: \_\_\_\_\_

**Alcohol Use: (Circle Answer)**

None      Beer: \_\_\_\_\_ How Much: \_\_\_\_\_

Wine: \_\_\_\_\_ How Much: \_\_\_\_\_

Liquor: \_\_\_\_\_ How Much: \_\_\_\_\_

**Vaccines: ( Circle Answer)**

Influenza (Flue Shot): **Yes** / **No**

Pneumonia Vaccines: **Yes** / **No**

**If you are a Diabetic do you know your last Hemoglobin A1C:** \_\_\_\_\_

**Date of results and name of Lab:** \_\_\_\_\_

**Office Staff Use Only:**

<b>Blood Pressure:</b>	<b>Pulse</b>
<b>DM Exam: Yes / No</b>	<b>Fall Risk:</b>

Signature of Assistant:



**Fall Risk Assessment**

**Patient Name:** \_\_\_\_\_ **Date:** \_\_\_\_\_ **D.O.B** \_\_\_\_\_

Do You have any dizziness, confusion and or disorientation?		None (0)	Mild-Mod (2)	Interfered with daily life (4)	
History of falls or accidents in the past 12 months?		None (0)	1-2 falls near falls (2)	3 or more falls (9)	
How is your vision or hearing status?		Normal (0)	Poor w/ o Aids (2)	Legally blind or deaf (4)	
What is you sleeping status?		Normal (0)	Disturbed sleep (1)	Lack of sleep (2)	
Gait and Balance issues?		Normal (0) Pain and instability walking (1) Requires assistance(1) Decrease coordination (1) Pain and instability standing (1) jerking or instability (2)			
How is your range of motion and strength in feet and legs?		Normal (0)	Limited motion in feet/ankle (2)	Ankle instability or weakness(4)	
Meds, opiates, antihistamines, hypnotics, diuretics, sedatives, blood pressure meds?		None (0)	1-2 of these Medications (2)	3 or more of these Medication (4)	
Neurological Disorder including: peripheral Neuroapthy, MS, Parkinson's ,Drop foot, Sciatica ,ALS		None (0)	1-2 Presents (2)	3 or more president (4)	
Other predisposing factor: Amputation Vertigo, Arthritis, seizures, short limb, CVA, Obesity , joint replacement		None (0)	1-2 Presents (2)	3 or more president (4)	
Get up and Go?	Able in asingle motion (0)	Rise after 1 push (1)	Multiple attempts to rise (4)	Cannot maintain normal gait (4)	No walking (4)
Nightly Urination	None (0)		1-2 trips bathroom (1)	3 or more trips to bathroom (2)	
How is your judgment?		Normal 0)		Slow or impaired (1)	
Do you have proper footwear?		Proper foot ware(0)		Old or ill fitted shoes (2)	Doesn't(2)
Living Surrounding?		Familiar (0)		Recent Move (2)	

Foot pathology exam corns, calluses, deformities, long nails	None (0)	1-2 issues (1)	3 or more (2)
Assessment: Walker/cane	Low risk of falls 0-5	Medium 6-10	High score 10

Sign: